

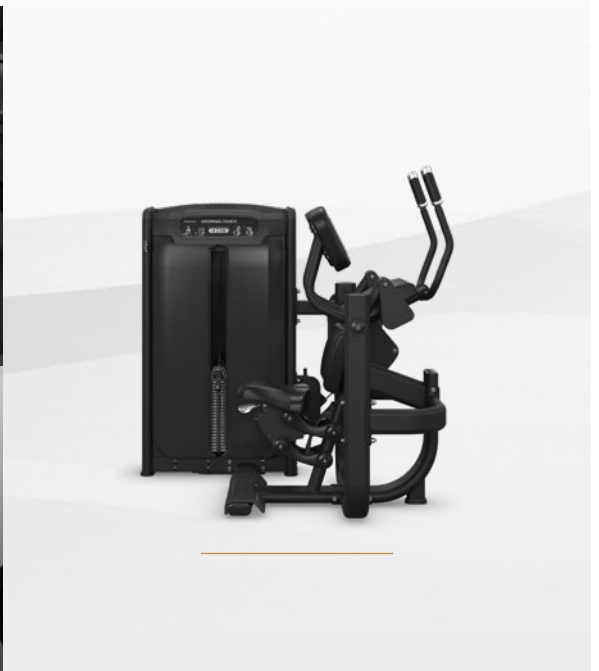


MATRIX

ULTRA – ONYX EDITION ABDOMINAL CRUNCH

Powerful and intuitive, the design of our Ultra Abdominal Crunch offers a comfortable way to tone and build core muscles. The sculpted back pads allow for full muscular contraction, while the dual-supported pivoting design fosters a natural abdominal crunch motion. The self-aligning handles adjust to accommodate a variety of users, and elbow pad covers protect the upholstery at touchpoints.

- ① Custom-tailored upholstery and precision-engineered cushioning for unparalleled comfort
- ② Electroplated chrome adjustment and pivot points
- ③ Optional Intelligent Training Console, a custom, connected strength training experience



ABDOMINAL CRUNCH

ULTRA – ONYX EDITION

ADJUSTMENTS

User Adjustment Range	7 position seat
Machine Assisted User Adjustments	Spring assisted seat
Color-coded Pivots & Points of Adjustment	Yes; electroplated chrome

FRAME & CABLES

Available Frame Colors	Onyx Edition Matte Black
Frame Finish	Proprietary two-coat powder process
Cable Transmission	Internally lubricated cables & fittings
Machine Anchoring	Independent machine hold down brackets
Integrated Leveling System	Yes, top-down leveler

TECHNICAL SPECS

Overall "Static" Dimensions	139 x 121 x 147 cm / 54.6" x 47.5" x 57.9"
Overall "In-use" Dimensions	139 x 121 x 147 cm / 54.6" x 47.5" x 57.9"
Product Weight	290 kg / 640 lbs.
Rep Counter Machine Usage Tracking	Service mode tracks total machine reps and hours of use
Rep Counter Battery Life	Approximately 3 years
Rep Counter Power Supply	2 AA batteries

USER AMENITIES

Front Placards	Muscle call outs, exercise-specific stretching, start & finish exercise illustrations, proper machine adjustments, color-coded machine identification
Rear Placards	Color-coded machine identification, exercise-specific stretching
Placard Color Coding	Green (core)
Rep Counter	Electronic counter displays reps, exercise time and rest time
Personal Storage	Two tactile storage mats, personal device cradle and towel hook
Action Specific Grips	Yes
Contoured Seat	Yes
Elbow Wear Covers	Yes

WEIGHT STACK

Total Stack Weight	108 kg / 240 lbs.
Weight Plate Increments	4.5 kg / 10 lbs.
Incremental Weight System	1.1, 2.3, 3.4 kg / 2.5, 5, 7.5 lbs.
Max Training Weight	111.4 kg / 247.5 lbs.
Stack Height	135 cm / 53"
Weight Stack Guarding	Full front and rear shields