



Ultra Independent Biceps Curl

The powerful, comfortable design of the Ultra Independent Biceps Curl makes toning and building the muscles of the upper arm more efficient and effective. Unique pivoting elbow pads and rotating handles make every curl smarter and more comfortable. An innovative, open design eliminates chest compression and makes entry and exit easier than ever. It includes elbow pad covers to protect the upholstery at touchpoints.

Also available in [Ultra Base option G7-S40B](#).

FRAME & CABLES	
AVAILABLE FRAME COLORS	Iced Silver, Matte Black, Gloss Black, Lace White, Polarized Titanium
FRAME FINISH	Proprietary two-coat powder process
CABLE TRANSMISSION	Internally lubricated cables & fittings
MACHINE ANCHORING	Independent machine hold down brackets
INTEGRATED LEVELING SYSTEM	Yes, top-down leveler

ADJUSTMENTS	
USER ADJUSTMENT RANGE	7 position seat
MACHINE ASSISTED USER ADJUSTMENTS	Spring assisted back pad
COLOR CODED PIVOTS & POINTS OF ADJUSTMENT	Yes

USER AMENITIES	
FRONT PLACARDS	Muscle call outs, exercise specific stretching, start & finish exercise illustrations, proper machine adjustments, color-coded machine identification
REAR PLACARDS	Color-coded machine identification, exercise specific stretching
PLACARD COLOR CODING	Yellow (upper body)
REP COUNTER	Electronic counter displays reps, exercise time and rest time
PERSONAL STORAGE	Two tactile storage mats, personal device cradle and towel hook
ACTION SPECIFIC GRIPS	Exercise specific grips improving feel, function and form during use, rotating grips for added comfort
PIVOTING ARM PADS	Yes
ELBOW WEAR COVERS	Yes
CONTOURED SEAT	Yes

WEIGHT STACK	
TOTAL STACK WEIGHT	90 kg / 200 lbs.
WEIGHT PLATE INCREMENTS	4.5 kg / 10 lbs
INCREMENTAL WEIGHT SYSTEM	1.1, 2.3, 3.4 kg / 2.5, 5, 7.5 lbs
MAX TRAINING WEIGHT	93.4 kg / 207.5 lbs
CONSISTENT 53" STACK HEIGHT	Yes
WEIGHT STACK GUARDING	Full front and rear shields

TECH SPECS	
OVERALL "STATIC" DIMENSIONS (L X W X H)	135 x 162.5 x 135 cm / 53" x 64" x 53"
OVERALL "IN-USE" DIMENSIONS (L X W X H)	135 x 168 x 135 cm / 53" x 66.2" x 53"
PRODUCT WEIGHT	263.6 kg / 581.5 lbs.
REP COUNTER MACHINE USAGE TRACKING	Service mode tracks total machine reps and hours of use
REP COUNTER BATTERY LIFE	Approximately 3 years
REP COUNTER POWER SUPPLY	2 AA batteries