



Smith Machine

Keystone | VST700-PL62



Frame

Frame Color	Matte Black
Frame Finish	Proprietary two-coat powder process

Tech Specs

Overall Dimensions	224.3 x 122.5 x 232.2 cm / 88.3" x 48.2" x 91.4"
Product Weight	204 kg / 449 lbs.
Max User Weight	150 kg / 330 lbs.
Max Training Weight	250 kg / 550 lbs.
Starting Resistance	9.7 kg / 21 lbs.

User Amenities

Instructional Placards	Muscle call outs, start and finish exercise illustrations
Weight-storage Horns	6 weight-storage horns for max 20-kg / 45-lb. plates