



Shoulder Press

Keystone | VST700-PL23



Frame

Frame Color	Matte Black
Frame Finish	Proprietary two-coat powder process

Tech Specs

Overall Dimensions	152.9 x 151.1 x 142.9 cm / 60.2" x 59.5" x 56.3"
Product Weight	143.4 kg / 316 lbs.
Max User Weight	150 kg / 330 lbs.
Max Training Weight	200 kg / 440 lbs.
Starting Resistance	12.3 kg / 27 lbs.

User Amenities

Instructional Placards	Muscle call outs, start and finish exercise illustrations
Upholstery	Polyurethane molded foam

User Amenities

Elastic Band Peg	Allows elastic resistance training
Weight-storage Horns	4 weight-storage horns for max 25-kg / 55-lb. plates