



Seated Leg Curl

Keystone I V-KEY-SL-72



Adjustments

User Adjustment Range	3-position range of motion, 5-position thigh pad
Seat Adjustment	7-position back pad (ratcheting adjustment), fixed seat
Color Coded Pivots & Points of Adjustment	Yes

Frame & Cables

Frame Color	Matte Black
Frame Finish	Proprietary two-coat powder process
Machine Anchoring	Yes
Cable Transmission	Internally lubricated cables and fittings

Optional Kit

Rep Counter (V-KEY-SL-RC1)	Electronic counter displays reps and time with reset buttons
Incremental Weight System (V-KEY-SL-IW)	2.3 kg / 5 lbs.

Tech Specs	
Overall Dimensions	160 x 98 x 155 cm / 63" x 38.6" x 61"
Max "In-use" Dimensions	162 x 98 x 155 cm / 63.8" x 38.6" x 61"
Product Weight	243.5 kg / 536.8 lbs.
User Amenities	
Upholstery	Double-seam stitched vinyl cover with wood-backed injection-molded urethane foam
Contoured Seat	Yes
Instructional Placards	Muscle call outs, start and finish exercise illustrations, proper machine movements, QR code link to how-to videos
Upholstery	Double-seam stitched vinyl cover with wood-backed injection-molded urethane foam
Personal Storage	Tactile storage mats, personal device cradle
Weight Stack	
Total Stack Weight	91 kg / 200 lbs.
Max Training Weight	93.3 kg / 205 lbs. including incremental weight
Weight Plate Increments	5 kg / 10 lbs.
Weight Stack Guarding	Full front and rear shields
Consistent Stack Height	Yes: 155 cm / 61"
Back-to-back Configurations	Yes