



Prone Leg Curl

Access | V-ACS-SL-73



Adjustments

User Adjustment Range	6 user start positions
Seat Adjustment	N/A
Color-coded Pivots & Points of Adjustment	Yes

Frame & Cables

Frame Color	Matte Black
Frame Finish	Proprietary two-coat powder process
Cable Transmission	Internally lubricated cables and fittings
Machine Anchoring	Yes

Optional Kit

Add-on Incremental Weight (V-ACS-SL-IW)	2.3 kg / 5 lbs.
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Tech Specs	
Overall Dimensions	167.0 x 119.0 x 172.5 cm / 65.8" x 46.9" x 67.9"
Max "In-Use" Dimensions	167.0 x 119.0 x 172.5 cm / 65.8" x 46.9" x 67.9"
Product Weight	209 kg / 460 lbs.
User Amenities	
Instructional Placards	Muscle call outs, start and finish exercise illustrations, proper machine movements, QR code link to how-to videos
Placard Color Coding	Blue (lower body)
Contoured Seat	Yes
Upholstery	Stitched vinyl cover with wood-backed polymer foam
Weight Stack	
Total Stack Weight	100 kg / 220 lbs.
Weight Plate Increments	6.8 kg / 15 lbs.
Consistent Stack Height	Yes
Weight Stack Guarding	Full front and rear shields