



Ab / Low Back

Access | V-ACS-SL-531



Adjustments

User Adjustment Range	5 user start options
Seat Adjustment	N/A
Color-coded Pivots & Points of Adjustment	Yes

Frame & Cables

Frame Color	Matte Black
Frame Finish	Proprietary two-coat powder process
Cable Transmission	Internally lubricated cables and fittings
Machine Anchoring	Yes

Optional Kit

Add-on Incremental Weight (V-ACS-SL-IW)	2.3 kg / 5 lbs.
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Tech Specs	
Overall Dimensions	134.2 x 126.2 x 172.5 cm /52.8" x 49.7" x 67.9"
Max "In-Use" Dimensions	134.2 x 126.2 x 172.5 cm /52.8" x 49.7" x 67.9"
Product Weight	213 kg / 470 lbs.
User Amenities	
Instructional Placards	Muscle call outs, start and finish exercise illustrations, proper machine movements, QR code link to how-to videos
Placard Color Coding	Red (core)
Contoured Seat	Yes
Upholstery	Stitched vinyl cover with wood-backed polymer foam
Weight Stack	
Total Stack Weight	86.2 kg / 190 lbs.
Weight Plate Increments	6.8 kg / 15 lbs.
Consistent Stack Height	Full front and rear shields
Weight Stack Guarding	Yes