



Lateral Raise

Access | V-ACS-SL-21



Adjustments

User Adjustment Range	N/A
Seat Adjustment	Ratcheting, tube-in-tube
Color-coded Pivots & Points of Adjustment	Yes

Frame & Cables

Frame Color	Matte Black
Frame Finish	Proprietary two-coat powder process
Cable Transmission	Internally lubricated cables and fittings
Machine Anchoring	Yes

Optional Kit

Add-on Incremental Weight (V-ACS-SL-IW)	2.3 kg / 5 lbs.
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Tech Specs	
Overall Dimensions	109.3 x 132.5 x 172.5 cm / 43.0" x 52.2" x 67.9"
Max "In-Use" Dimensions	109.3 x 152.5 x 172.5 cm / 43.0" x 60.0" x 67.9"
Product Weight	176 kg / 388 lbs.
User Amenities	
Instructional Placards	Muscle call outs, start and finish exercise illustrations, proper machine movements, QR code link to how-to videos
Placard Color Coding	Yellow (upper body)
Contoured Seat	Yes
Upholstery	Stitched vinyl cover with wood-backed polymer foam
Weight Stack	
Total Stack Weight	68 kg / 150 lbs.
Weight Plate Increments	4.5 kg / 10 lbs.
Consistent Stack Height	Yes
Weight Stack Guarding	Full front and rear shields