



Kneeling Leg Curl

Keystone | VST700-PL74



Frame

Frame Color	Matte Black
Frame Finish	Proprietary two-coat powder process
Frame Construction	Heavy duty commercial steel frame tubing, robotically welded

Tech Specs

Overall Dimensions	159.3 x 123 x 127.4 cm / 62.7" x 48.4" x 50.2"
Product Weight	113 kg / 249 lbs.
Max User Weight	150 kg / 331 lbs.
Max Training Weight	200 kg / 441 lbs.
Starting Resistance	5 kg / 11 lbs. per leg

User Amenities

Instructional Placards	Muscle call outs, start and finish exercise illustrations, QR code link to how-to videos
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User Amenities	
Upholstery	Polyurethane molded foam
Elastic Band Peg	Allow elastic resistance training
Knee Pad Adjustment	Flippable knee stabilization pad adjustment
Weight-storage horns	No