

ADONIS +



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Develop upper-body strength with the classic Adonis weight bench plus a 5-position adjustable rack with a 160 kg / 353 lbs training load.

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STRENGTH

ADONIS+ (Bench+Rack)

FEATURES (BENCH)

Frame Construction	100 x 50 mm x 1.8T Oval Tubing
Frame Color	Silver
Pad Color	Black
Backrest Adjustment	7 Positions
Seat Adjustment	2 Positions
Transportation Wheels	Yes
Exercise Mode	Flat, Incline and Decline

TECH SPECS (BENCH)

Dimensions (L x W x H)	141 x 66 x 129 cm / 56" x 26" x 51"
Product Weight	19.5 kg / 43 lbs.
User Weight Capacity	120 kg / 264 lbs.
Max. Training Load	160 kg / 352 lbs.

FEATURES (RACK)

Frame Construction	76 x 1.5T Round Tubing
Frame Color	Silver
Rack Adjustment	5 Positions
Barbell Weight Limits	80 kg / 176 lbs.
Height of Barbell Rack	Highest: 128 cm / 50" Lowest: 92.7 cm / 36.5"
Inner Rack Dimensions	91 cm / 35.8"
Outer Rack Dimensions	105 cm / 41.3"

TECH SPECS (RACK)

Dimensions (L x W x H)	62 x 107 x 150 cm / 24" x 42" x 59"
Product Weight	16 kg / 35 lbs.
Max. Training Load	160 kg / 352 lbs.