

Go Series Seated Leg Curl

Our seated leg curl offers a simplified way for new users to strengthen their lower body. Space-saving design includes an extra-large seat for support, a self-adjusting ankle pad for comfortable starts, and adjustable range of motion so users can build strength in a way right for their body.



FRAME & CABLES	
FRAME FINISH	Proprietary two-coat powder process
AVAILABLE FRAME COLOR	Iced Silver, Matte Black, Graphite Grey, Gloss Black, Polarized Titanium, Lace White
CABLE TRANSMISSION	Internally lubricated cables and fittings
MACHINE ANCHORING LOCATIONS	Yes

USER AMENITIES	
FRONT PLACARDS	Muscle call outs, start and finish exercise illustrations, adjustment points
PLACARD COLOR CCODING	Blue (lower body)
PERSONAL STORAGE	Bottle holder and storage area

ADJUSTMENTS	
COLOR-CODED PIVOTS & POINTS OF ADJUSTMENT	Yes
USER ADJUSTMENT RANGE	5-position ankle pad, 9-position thigh pad

WEIGHT STACK	
TOTAL STACK WEIGHT	54 kg / 120 lbs.
WEIGHT PLATE INCREMENTS	4.5 kg / 10 lbs.
OPTIONAL INCREMENTAL WEIGHT	2.3 kg / 5 lbs.
CONSISTENT STACK HEIGHT	Yes, 137 cm / 54"
WEIGHT STACK GUARDING	Full front and rear metal shrouds

TECH SPECS	
OVERALL DIMENSIONS (L X W X H)	128 x 109 x 137 cm / 50.5" x 43" x 54"
MAX "IN-USE" DIMENSIONS (L X W X H)	128 x 109 x 137 cm / 50.5" x 43" x 54"
PRODUCT WEIGHT	198 kg / 436.5 lbs
MAX USER WEIGHT	159 kg / 350 lbs.