



Glute Trainer

Keystone | V-KEY-SL-78



Adjustments

User Adjustment Range	9-position hip pad
Seat Adjustment	Fixed seat
Color-coded Pivots & Points of Adjustment	Yes

Frame & Cables

Frame Color	Matte Black
Frame Finish	Proprietary two-coat powder process
Machine Anchoring	Yes
Cable Transmission	Internally lubricated cables and fittings

Optional Kit

Rep Counter (V-KEY-SL-RC1)	Electronic counter displays reps and time with reset buttons
Incremental Weight System (V-KEY-SL-IW)	2.3 kg / 5 lbs.

Tech Specs	
Overall Dimensions	139 x 163 x 155 cm / 54.7" x 64.2" x 61"
Max "In-use" Dimensions	139 x 168 x 155 cm / 54.7" x 66.1" x 61"
Product Weight	253.4 kg / 558.7 lbs.
User Amenities	
Contoured Seat	Yes
Instructional Placards	Muscle call outs, start and finish exercise illustrations, proper machine movements, QR code link to how-to videos
Upholstery	Polyurethane molded foam
Personal Storage	Tactile storage mats, personal device cradle
Weight Stack	
Total Stack Weight	73 kg / 160 lbs.
Max Training Weight	75.3 kg / 165 lbs. including incremental weight
Max Effective Resistance	142 kg / 312 lbs.
Weight Plate Increments	5 kg / 10 lbs.
Weight Stack Guarding	Full front and rear shields
Consistent Stack Height	Yes: 155 cm / 61"
Back-to-back Configurations	Yes