



Converging Shoulder Press

Keystone | V-KEY-SL-23

Help your people enhance upper-body strength with a selectorized converging shoulder press station that will fit your commercial fitness facility as well as it fits everyone you serve. From precise body positioning geometry to moisture-resistant cushioning to welded-steel frames, we designed every detail for performance, comfort and durability in tough, high-traffic fitness environments.

Product availability may vary by region.
Please contact your **local office** for more information.



Adjustments

User Adjustment Range	N/A
Seat Adjustment	Roller ratcheting mechanism with gas-assist
Color-coded Pivots & Points of Adjustment	Yes

Frame & Cables

Frame Color	Matte Black
Frame Finish	Proprietary two-coat powder process
Machine Anchoring	Yes
Cable Transmission	Internally lubricated cables and fittings

Optional Kit	
Rep Counter (V-KEY-SL-RC1)	Electronic counter displays reps and time with reset buttons
Incremental Weight System (V-KEY-SL-IW)	2.3 kg / 5 lbs.
Counterbalance Weight (V-KEY-SL-CB)	Optional
Tech Specs	
Overall Dimensions	140 x 134 x 155 cm / 55" x 52.8" x 61"
Max "In-use" Dimensions	140 x 140 x 205 cm / 55.1" x 55.1" x 80.7"
Product Weight	232.4 kg / 512.4 lbs.
User Amenities	
Contoured Seat	Yes
Instructional Placards	Muscle call outs, start and finish exercise illustrations, proper machine movements, QR code link to how-to videos
Upholstery	Polyurethane molded foam
Personal Storage	Tactile storage mats, personal device cradle
Weight Stack	
Total Stack Weight	107 kg / 235 lbs.
Max Training Weight	109.3 kg / 240 lbs. including incremental weight
Weight Plate Increments	7 kg / 15 lbs.
Weight Stack Guarding	Full front and rear shields
Consistent Stack Height	Yes: 155 cm / 61"
Back-to-back Configurations	Yes