

| Xtreme 2 SE Home Gym



Smart resistance. Serious results.

70+ strength-building exercises

Arms, legs, and everything in between—you can do it all.

Exclusive Power Rod® resistance

BowFlex® started a revolution and it's still powering yours. Flex harder. Get stronger.

95kg /210 lbs. of resistance

Dial up the intensity and see how far you can go with resistance that keeps you growing stronger, rep after rep. Upgradeable to 140.6 kg / 310 lbs. and 186 kg / 410 lbs..

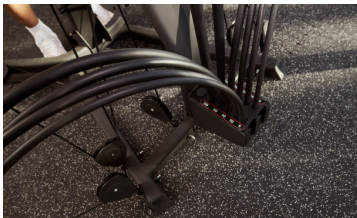
No-change cable pulley system

Easily switch between exercises and positions so you can go from lats to legs without missing a beat.

Additional features

- Straight bar and curved lat bar
- 4-position lower pulley/squat station
- Leg extension system
- Adjustable/removable seat
- Ab crunch harness
- Straight bar straps
- Multi-grip hand/foot grips and standard hand grips

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Product details

Assembled dimensions:
53" L x 49" W x 83.25" H (134.6 x 124.5 x 211.5 cm)

Assembled product weight:
174 lbs. (79 kg)

Maximum user weight:
300 lbs. (136 kg)