



SCHWINN

AD8 Airdyne® Bike

Premium Air Resistance Technology



MACHINE FEATURES

- » Progressive Wind Resistance
- » Infinite Levels of Resistance
- » Single-Stage Belt Drive
- » Interval & Target Programs
- » Heart Rate Level Indicators
- » Multi-Display Console
- » Adjustable Seat
- » Perimeter Weight Fan
- » Multi-Position Hand Grips

WHAT IS THE AD8?

Infinite Resistance

Progressive wind resistance for infinite levels of challenge.

Multi-Display Console

High-resolution multi-display console tracks calories, watts, time, distance, speed and heart rate.

Belt Drive

Efficient single-stage belt drive that keeps the bike running quietly.

Comfort

Fore/aft and height adjustable seat with multi-position hand grips offer a variety of user and workout options.

WHY AD8?

Perimeter Weighted Fan

Optimized fan for easy start up and a smooth ride.

Single-Stage Belt Drive

Provides efficient power transfer, low maintenance, and infinite levels of challenge.

Versatility

Multi-position hand grips and adjustable seat offers a variety of workout options.

Program Choices

Interval programs, target programs and heart rate level indicators for fat burn, aerobic and anaerobic training.

TECHNOLOGY

- » Infinite Levels of Resistance
- » Single-Stage Belt Drive
- » Interval & Target Programs
- » Heart Rate Level Indicators
- » Heart Rate Telemetric Enabled



Multi-Position Hand Grips

MACHINE SPECS

Assembled Dimensions (L x W x H)

134.6 x 67.3 x 134.6 cm
/ 53" x 26.5" x 53"

Maximum User Weight

159 kg / 350 lbs.

Assembled Product Weight

51.3 kg / 113 lbs.



Perimeter Weighted Fan



Adjustable Seat