



#### **MACHINE FEATURES**

- » Progressive Wind Resistance
- » Infinite Levels of Resistance
- » Single-Stage Belt Drive
- » Interval & Target Programs
- » Heart Rate Level Indicators
- » Multi-Display Console
- » Adjustable Seat
- » Perimeter Weight Fan
- » Multi-Position Hand Grips

#### WHAT IS THE AD8?

#### **Infinite Resistance**

Progressive wind resistance for infinite levels of challenge.

## **Multi-Display Console**

High-resolution multi-display console tracks calories, watts, time, distance, speed and heart rate.

#### **Belt Drive**

Efficient single-stage belt drive that keeps the bike running quietly.

#### Comfort

Fore/aft and height adjustable seat with multi-position hand grips offer a variety of user and workout options.



# AD8 AIRDYNE® BIKE

### WHY AD8?

## **Perimeter Weighted Fan**

Optimized fan for easy start up and a smooth ride.

## Single-Stage Belt Drive

Provides efficient power transfer, low maintenance, and infinite levels of challenge.

## Versatility

Multi-position hand grips and adjustable seat offers a variety of workout options.

## **Program Choices**

Interval programs, target programs and heart rate level indicators for fat burn, aerobic and anaerobic training.

#### **TECHNOLOGY**

- » Infinite Levels of Resistance
- » Single-Stage Belt Drive
- » Interval & Target Programs
- » Heart Rate Level Indicators
- » Heart Rate Telemetric Enabled

## MACHINE SPECS

## **Dimensions**

1346 mm L x 673 mm W x 1346 mm H

Adjustable Seat

**Maximum User Weight** 159 kg.

**Assembled Product Weight** 



