

FUNCTIONAL TRAINER

VST600-FT



EXTREME DURABILITY. REMARKABLE VERSATILITY.

Our functional trainer will help your people strengthen their whole body while standing up to tough environments. Intuitive design makes it easy to start training, and heavy-duty construction means it will be there when users come back for more. Make a strong choice — invest in versatile functional fitness that lasts.

DESIGNED FOR SUPERIOR VERSATILITY

Multi-position pull-up handles provide greater exercise variety, 1:2 pulley ratio offers smooth operation when performing explosive exercises, and low starting weight makes it easy for users of any ability level to get started and build progressions.

REFINED FOR EASY USE

Clearly indicated adjustment points make use intuitive, one-handed pulley adjustment offers easy operation, and placards highlight targeted muscle groups and proper user positioning for a wide range of exercises.

BUILT FOR THE TOUGHEST ENVIRONMENTS

Laser-cut, robotic-welded design with metal shrouds, reinforced pulleys, aluminum end caps, cast-steel plates, one-piece aluminum selector pin and two-layer powder-coat finish provides lasting durability in busy fitness facilities.

CREATED WITH CONVENIENCE IN MIND

Includes two D-handles, plus six storage pegs that offer easy access to extra training handles and accessories. Optional VST600-FTHP handle package includes a V-bar, triceps rope and curl bar.

OPTIONAL HANDLE PACKAGE

VST600-FTHP



FUNCTIONAL TRAINER

TECH SPECS

User Adjustment Range	18 user start options
Cable Transmission	Internally lubricated cables & fittings
Effective Resistance (1:2 Ratio)	47.5 kg / 104.7 lbs. per side
Weight Stack Guarding	Full front and rear metal shields
Placards	Muscle call outs, color-coded, start & finish exercise illustrations
Multi-grip Pull-up Bars	Various grip angles for variety of exercises
Stack Weight	190 kg / 418.8 lbs. (95 kg / 209.4 lbs. per side)
Product Weight	429 kg / 945 lbs.
Overall Dimensions (L x W x H)	155 x 106 x 219 cm / 66" x 41.7" x 86.2"

Specifications subject to change without notice.