

# DESIGNED FOR THE ULTIMATE RUN

Experience a natural, satisfying run with the industry's most advanced frame and deck combination, plus an ultra-stable welded steel frame. Step up to T70 for an industrial-grade AC motor and extra-wide running surface.

non-folding treadmills



## XR

### SIMPLY PERFECT

8.5" LCD makes it easy to check workout data at a glance.

## TREADMILLS

## TF30

### FEATURES

FRAME	Folding
RUNNING AREA	51 x 140 cm / 20" x 55"
CUSHIONING	Ultimate Deck System
BELT	2-ply, 1.6 mm
DECK THICKNESS	25.4 mm / 1"
MOTOR	3.25 HP continuous duty DC Johnson Drive System
SPEED RANGE	0.8 – 20 km/h / 0.5 – 12.5 mph
INCLINE RANGE	0% – 15%
EXTRAS	Water bottle pockets, device rack, heart rate grips, 4-wheel transport system

### TECH SPECS

DIMENSIONS (L X W X H)	195 x 90 x 157 cm / 77" x 35" x 62"
FOLDED DIMENSIONS (L X W X H)	106 x 90 x 181 cm / 42" x 35" x 71"
PRODUCT WEIGHT	128 kg / 282 lbs.
USER WEIGHT CAPACITY	159 kg / 350 lbs.

\*Product specifications subject to change without notice. \*\*Product availability may vary by market.

## T70 TREADMILL AC MOTOR

Our industrial-grade 3.0 HP continuous-duty AC motor provides efficient, durable, responsive performance — minimal internal components require little maintenance, and an absence of internal friction keeps the motor cool and quiet.

## JOHNSON EXCLUSIVE TECHNOLOGIES

At Johnson Health Tech, we invest in advanced technology that completely redefines the exercise experience. These unique features are exclusive to our premium products, so you won't be able to find them anywhere else.



Our exclusive Ultimate Deck System includes a heavy-duty frame, extra-thick deck and industrial-grade cushions for miles of durable performance.



JOHNSON DRIVE  
SYSTEM

The Johnson Drive System helps you stay in perfect rhythm with a quiet, durable, responsive continuous-duty drive system that recalibrates with each footfall.

CONSOLE OPTIONS	XR
<b>TRAINING PROGRAMS</b>	
MANUAL	•
CUSTOM	•
FAT BURN	•
ROLLING HILLS	•
INTERVALS (RESISTANCE)	•
INTERVALS (INCLINE)	•
<b>GOALS PROGRAMS</b>	
TIME	•
DISTANCE	•
CALORIE	•
<b>TARGET HEART RATE PROGRAMS</b>	
INCLINE	•
SPEED	•
<b>SPRINT 8 PROGRAM</b>	
SPRINT 8	•
<b>VIRTUAL ACTIVE PROGRAMS</b>	
AMERICAN NORTHEAST	•
NORTHERN ROCKIES	•
<b>WORKOUT FEEDBACK</b>	
TIME ELAPSED	•
TIME GOAL	•
TIME REMAINING	•
CLOCK	•
MILES / KILOMETERS	•
CURRENT SPEED (MPH / KPH)	•
PREVIOUS SPEED (MPH/KPH)	•
PACE	•
AVERAGE PACE	•
HEART RATE	•
PEAK HEART RATE	•
CALORIES	•
CALORIES / HOUR	•
WATTS	•
METS	•
ELEVATION	•
INCLINE %	•
PREVIOUS INCLINE %	•

**XR****SIMPLY PERFECT**

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**console apps**

Netflix



Spotify



YouTube



Facebook



Twitter



Instagram



MyFitnessPal



Weather



Web Browser



Kindle Reader\*



Flipboard



Press Reader



Solitaire Suite



WeChat



YouKu



Weibo



iQIYI



NetEase Cloud Music

Availability of apps are subject to change. Some apps are not available in all areas. Additional apps may become available. Workouts and features vary based on model type, console configurations, software versions and options purchased.

\* Available on XUR and XIR only.

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Experience an immersive workout with high-definition destination footage synced to the speed of your workout. Includes two Virtual Active courses.



This scientifically validated high-intensity interval training program burns fat and builds muscle in short workouts that anyone can fit into their schedule.