

A MORE RELAXED WAY TO RIDE

Discover a more relaxed way to ride with a stable, versatile step-through bike that offers a recumbent design to comfortably distribute weight and maximize support.

recumbent bikes



R50

R30

PEDAL TYPE	Oversized, commercial grade, self-balancing pedals with adjustable straps	Self-balancing with adjustable straps
SEAT TYPE	Comfort Arc Seat with oversized reclining mesh seatback	Comfort Arc Seat with mesh seatback
SEAT ADJUSTMENT	Fore / Aft via easy-adjust lever	Fore / Aft via easy-adjust lever
FLYWHEEL	N/A	10.5 kg / 23.1 lbs.
RESISTANCE SYSTEMS	Exact Force Induction Brake	ECB magnetic braking system
RESISTANCE LEVELS	30 levels, electronic	20 levels, electronic
HANDLEBAR TYPE	Seat-mounted with heart rate grips and resistance toggles, front assist handles	Seat-mounted with heart rate grips and resistance toggles, front assist handles
EXTRAS	Water bottle holder, step-assist platform	Water bottle holder
DIMENSIONS (L x W x H)	163 x 64 x 136 cm / 64" x 25" x 54"	158 x 64 x 121 cm / 62" x 25" x 48"
PRODUCT WEIGHT	78 kg / 172 lbs.	70 kg / 154 lbs.
USER WEIGHT CAPACITY	159 kg / 350 lbs.	159 kg / 350 lbs.
CONSOLE	Choose from four console options to customize your workout experience. See reverse for more information.	Choose from three console options to customize your workout experience. See reverse for more information.

Specifications subject to change without notice. For more information about Matrix Fitness: matrixfitness.com

JOHNSON EXCLUSIVE TECHNOLOGIES

At Johnson Health Tech, we invest in advanced technology that completely redefines the exercise experience. These unique features are exclusive to our premium products, so you won't be able to find them anywhere else.



Exact Force Induction Brake offers instant, smooth, precise resistance changes at the push of a button, and with no moving parts, it's quieter and more durable as well.



Our Dual Form Frame significantly improves rider stability over single-post designs and offers a low step-through height for easy access.



Our Comfort Arc Seat is ergonomically molded to provide unmatched comfort, support and balance during workouts.



XUR
THE ULTIMATE ENTERTAINMENT
 22" HD touchscreen offers our brightest display and easy access to entertainment apps. Available on R50 only.



XIR
ENTERTAINMENT EXCELLENCE
 16" touchscreen offers an HD display and easy access to entertainment apps.



XER
INTUITIVE APP INTERFACE
 10" touchscreen features a clear display and easy access to entertainment apps.



XR
SIMPLY PERFECT
 8.5" LCD makes it easy to check workout data at a glance.

	XUR	XIR	XER	XR
DISPLAY	22" class HD touchscreen	16" class HD touchscreen	10" class touchscreen	8.5" Extra-wide blue LCD
WORKOUT PROGRAMS	● (12)	● (12)	● (11)	● (5)
BLUETOOTH FTMS	●	●	●	●
SPEAKERS	● (5W)	● (5W)	● (3W)	●
USB PORTS	● (2)	● (2)	● (1)	●
HDMI PORT*	●	●	●	●
CONSOLE APPS (SEE BELOW)	●	●	●	●
VIRTUAL ACTIVE INTEGRATED	●	●	●	●
SPRINT 8 INTEGRATED	●	●	●	●
BLUETOOTH HEART RATE	●	●	●	●
BLUETOOTH HR STRAP INCLUDED	●	●	●	●
READING RACK	●	●	●	●
ENERGY SAVER MODE	●	●	●	●
CONSOLE WEIGHT	11 kg / 24 lbs.	5.5 kg / 12 lbs.	4.5 kg / 10 lbs.	3.5 kg / 8 lbs.

* The term HDMI and the HDMI Logo are trademarks or registered trademarks of HDMI Licensing Administrator, Inc. HDMI cables, media player and devices not included.

console apps



Availability of apps are subject to change. Some apps are not available in all areas. Additional apps may become available. Workouts and features vary based on model type, console configurations, software versions and options purchased.

* Available on XUR and XIR only.

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Experience an immersive workout with high-definition destination footage synced to the speed of your workout. Includes two Virtual Active courses.



This scientifically validated high-intensity interval training program burns fat and builds muscle in short workouts that anyone can fit into their schedule.